

Survivors of Bereavement by Suicide (London Group)

Tel: 020 8675 5862

Meetings are held in Central London on the first and third Tuesday of the month, and from May 2017 every second Wednesday of the month in Haringey, North London.
Please email Helen.northlondon.sobs@gmail.com for more info.

<http://uk-sobs.org.uk/>

To support Survivors of Bereavement by Suicide (SOBS) please send a donation by TEXT to 70070, of either £1, £2, £3, £4, £5 or £10, showing **SOBS01 & the amount**. For example: **SOBS01 £5**.



**SURVIVORS OF
BEREAVEMENT
BY SUICIDE**

Registered Charity No 1098815



**SURVIVORS OF
BEREAVEMENT
BY SUICIDE**

London Group

ANNUAL SUPPORT DAY

for those bereaved by suicide

2017

Saturday 10th June
10.30am—4pm

SUPPORT DAY PROGRAMME

Saturday 10th June 2017

All Souls Club House, 141 Cleveland Street, W1T 6QG

Please note: this timetable is subject to change.

Chaired by Ayesha De Costa, London Sobs Volunteer

Registration and coffee/tea 10.30 — 11.00

Welcome and Introduction 11.00 — 11.15

Keynote Speakers and testimonies 11.15 — 1.00

Cruse and Samaritans Facing The Future Programme

Caroline and Dierdre will speak about the Facing the Future programme, set up in partnership between the Samaritans and Cruse Bereavement to support people bereaved by suicide.

Stephen Habgood, Chairman of PAPYRUS

Stephen Habgood is retired governor of the prison service who lost his son (Chris) to suicide 8 years ago. Stephen will speak about how volunteering helps him with the healing process, and the work Papyrus does with young people and suicide prevention.

David Mosse—new North London Sobs Group

David will speak on establishing the new North London Sobs group.

Further testimonies

Morna Hinton—painting and printmaking whilst bereaved.

Lunch 1.00 — 2.00

Support Groups 2.00 — 3.30

We will gather in smaller groups for those who have lost a partner, child, sibling or parent, and optionally for those recently bereaved.

Thank you and departures 3.30— 4pm

Conversations will continue at a nearby pub, and you are welcome to join us.

BOOKING FORM

I wish to attend the SOBS London Support Day, Saturday 10th June 2017 and enclose a cheque/postal order made out to Survivors of Bereavement by Suicide (£14 standard rate, £5.00 unwaged/student).

Name:

Address:

.....

.....Postcode.....

Phone

Email.....

Any special dietary requirements.....

.....

I lost my..... to suicide in the year

Please return this side of the form to:

Mr. David Richards

2 Anchor Mews

London

SW12 9PQ

Any queries please email sobslondon@gmail.com or

call 0208 675 5862



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